

**Monday**  
**1/16/12**

**Put Off**

Denying yourself is no easy task.

**READ:** Colossians 3

How can I put this into action today? Ask God to show you an area of your life that needs to be put off.

**RESPONSE:**

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*Pray Daily Prayer*

**Wednesday**  
**1/18/12**

**Put On**

Stopping sinful ways and renewing our minds is only part of what God calls us to do. We must now replace the old with the Godly new.

**READ:** Colossians 3

List out the replacement things. Look for ways today to be humble, compassionate, kind, meek, patient and forgiving.

**RESPONSE:**

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*Pray Daily Prayer*

**Tuesday**  
**1/17/12**

**Renew Your Mind**

Selfishness is a core problem in all of us. Today, we will let the word wash us with the truth.

**READ:** Phil. 2:3 & 4

Write this verse out word for word. Memorize this verse this week and ask God to bring it to the front of your mind each day.

**RESPONSE:**

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*Pray Daily Prayer*

**Thursday**  
**1/19/12**

**Forgiveness**

How can I forgive?

**READ:** Colossians 3:13

I don't have it in me to forgive. I have been there and it is a difficult place to be. Only when God reveals the depth and betrayal of our own sin against Him can we then extend forgiveness to others. Pray that God gives you grace to forgive others as He has forgiven you. Comparing is the enemy of forgiveness and the friend of pride.

**RESPONSE:**

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*Pray Daily Prayer*

**Friday  
1/20/12**

**Be Thankful**

Recognizing the goodness of God.

**READ:** Colossians 3:15 & 16

Did you know you were called to peace? Peace is found in Christ and, rest assured, He is in control—not us! Ask God to reveal places in your that you feel you are in control.

**RESPONSE:**

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*Pray Daily Prayer*

**Saturday and Sunday  
1/21/12-1/22/12**

**Do It All for Jesus**

In a "me-me-me" world, God calls us to live a self-sacrificing life.

**READ:** Colossians 3:17

What in my life do I take for granted and do only halfway? Is it my relationship with my spouse or kids? Is it my job? Is it my church? Ask God to reveal your heart in these areas and go and ask forgiveness and write out a plan to make a better investment where you were lacking.

**RESPONSE:**

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*Pray Daily Prayer*

## Personal GPS

**Grow • Pray • Study**

Use this prayer and study guide to grow each week more in love with God and others.



**180°  
January 14 & 15  
Matt Haupt**

*Continually putting off and putting on is a lifelong journey of sanctification. What is it in my life that I need to begin to put off and replace with something righteous to put on?*

MY PRAYERS FOR THIS WEEK:

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**DAILY PRAYER:**

Lord, give me your discernment through your Holy Spirit as I read Your word today. Break my heart with the things that break yours. Reveal any wicked way in me and give me strength to pursue righteousness. Amen.